YESSIR IT WAS MAY THE

GEORGE - IT WAS THE

DAY HE GOT MARRIED

HE'S ABOUT FIFTY YEARS

OLD NOW- HIS WIFE WAS

A MISS MORTON - SHE'LL

A WEEK LATER

SURE!

WEDNESDAY

IT'S

IT'S OUR

WEDDING

ANNIVERSARY

SEVENTEENTH

JOE DON'T

WHAT DAY

THIS IS ?

YOU REALIZE

BE 48 NEXT OCTOBER

Oh, Man!

WHY GEORGE APPLEGATE

YOU'VE GOT

MEMORY

HE HAS A

GREAT

RETENTIVE

MEM'RY

SOME

WELL - WELL - WELL! 1

THIRTY YEARS -

THE POPULATION OF

BORNEO IN 1903 WAS

REVENUE WAS \$ 100 756,

943. 03. CHINA WITH A

WAS 2,456, 753 MORE

ver-tongued orator from Nebraska"

says to enjoy these grape products,

rather it is the best kind of a war

measure to use upon our tables not

only island grown products, but island

grown products when they are ia sea-

The best liked form of the grape is

as grape juice and as this is the most

economical way of preserving and the

foundation for many grape dishes,

grape cookery logically begins with

quickly this sterilization is accom-

Wash and stem the grapes, remove

better the flavor of the juice.

you would apple sauce.

serve hot with dessert.

Grape Shortcake

Grape Sauce

son and most plentiful.

making grape juice.

Grape Juice

THAN IN

POPULATION OF 306,948,201

1,343,676. OUR TOTAL

HAVEN'T SEEN YOU FOR

orothy Dix Ta

HOW TO KEEP LOVE

By DOROTHY DIX World's Highest Paid Woman

Why is love the most perishable commodity in the world? Why do husbands and wives so soon fall out anything she does.

of love with each other? "When the average couple get marso far as the outsider can see, there to anybody else. is no reason for the change in temsonal charm goes; both are good, re- bothers to tell her so. spectable people anxious to do their

"What has killed their affection so ervative in which romantic love may be canned so that it will keep fresh and sweet after the honeymoon?"

Certainly, dear correspondent, there that never fails. Would you keep the fires of af-

lection forever alight in the breast of husband or wife? Feed the flames continually with words of devote and Would you have your own love last

and affection in your ears will thrill lays aside the harp on which she sung

have won another's heart and have Then, before long she begins to cry Wednesday and Friday. been married for love, is that they are like a foolish youth who has come into a fortune. They think that the wealth of affection that has been bestowed upon them is inexhaustible, ii, and waste it with a prodigal hand until by and by they suddenly discover that it is all used up and gone, and there is no more love left.

It has not occurred to them in the lays of plenty to hoard their trease, much less to add to it. Yet it s no more necessary to lay up some acy for the proverbial rainy day of one's finances than it is to lay up ove against the rainy day of one's physical and mental needs—the days en one's youth has waned, and e's charm is lost, and one grows full and tedious in conversation.

Never was there a more mischievous idea than that we all start out in matrimony with a fixed capital of re that can not be subtracted from or increased. In nothing can you so asily go broke as in affection, and to stock can be more readily inflated in Heart Preferred. In reality it sts with each of us whether we all or bear our own particular love arket, and whether we become milares or bankrupts in affection. pld Works on Credit

Cupid does business largerly on it, and it is no trick at all for to borrow enough romantic captal to start a young couple out in an agement. It is only after marriage at the question of how to make the deficit resulting from the wear d tear of every day life and keep he capital stock at par, becomes a

The only way it can be done is by iding continually to the visable supof love in the firm, and the mari is that so few people do this. No one expects a bridal trousseau a supply one with clothes for a life-

me, or a wedding breakfast to sufes for food for thirty or forty years, at the great mass of mankind never eem to dream that the vows of devotion they made during the days of rtahip are not enough to last to

Symptoms of More Serious

Washington Park, III.—"I am the HILO GETS BUSY sother of four children and have suffered with female trouble, backache. the blues. My children's loud talking and romping would make me so nervous I could just tear

ave had quite a bit of trouble and there are 120 members of the board and 11 directors, each of the trustees will have to get into touch with just about 12 members each.

It was decided that President Vicars should appoint committees that will work hard on the different propo-

If you have any symptom about which would like to know write to the de E Pinkham Medicine Co., Lynn, st., for helpful advice given free of daily renewal.

A man will tell a woman before he self. correspondent asks these ques- wildly, madly, frantically. And after every time she looked at his bent

ried they are almost idiotically senti- sweetheart. Perhaps he admires her dumb as a clam about her appreciamental, yet in a few years-often in more, for the sense of possession tion and gratitude.

perature of their affection. Both hus- every bit of the fineness of her, and night. and and wife are just what they be deeply grateful for the sacrifices. There's nothing for love to live on were before marriage so far as per- she makes for him, but he never in that sort of a polar domestic at-

con? And is there any known pre. and bloom. Later he discovers that murderer. it is withered and faded and, may be. dead, and he wonders at it, and rails of love so soon is because neither one never realizes that the fault is his, keep the other one in love, and the is a way to keep love. Put it up in and that he killed her beautiful affec remedy for this is simplicity itseif. incense. That is a guaranteed recipe tion by neglect. Love can no more It is merely to keep the incense miration and approciation, than a fragrant. rose can bloom in an arid and rainless desert.

they have won a whit more wisely gifted, or even those who have done long as life itself? Be sure the than men do. When the average we the most for us It is of those who voice that murmurs words of praise man returns from her bridal tour she have shown us the most love. on as long as you have sense to her husband's virtues before marriage, and smashes the vessel in Syndicate, Inc.) which she burned incense at his feet. The trouble with most men and She expects him to take her love ou romen, when they realize that they faith, as he expects her to take his. larly in this paper every Monday

the end of time, but need constant; out that love is dead, not realizing that she has starved it to death her-

is married to her that she is the most | She may think her husband just as beautiful, fascinating, intelligent creat romantic a hero as she did in the ture on earth, and that he adores her days of courtship; she may think he is married to her he never men- shoulders and anxious eyes that the tions the subject of love again or ex | man who spends his life slaving over presses the slightest admiration for a desk or behind a counter that his family may live soft and easy, de In reality he probably thinks just serves to have the iron cross pinned as well of his wife as he did of his on his shabby breast. But she is as

a few months—they seem to cease to generally throws a halo around the All that the man hears is a daily cere for each other. They are bored, thing possessed, and a man is apt to request for more money and comindifferent, antagonistic, fighting like esteem his wife superior to other plaints that they can't have a limoukilkenny cats instead of billing and women just because she is his wife, sine like the Croesuses, or go to fash cooing like turtle doves as they did as he thinks his gun, his dog, his au- ionable summer resorts like the Vanon the hinder side of the altar. Yet, tomobile better than those belonging asters, or criticisms on his lack of energy in not wanting to go to roof He may appreciate to the fullest gardens when he comes home at

> After a while, if he is sensitive, he it doesn't. It turns up its little toes begins to perceive that her love for to the daisies, and wife, unknowing, him has lost some of its freshness officiates as both undertaker and

> The reason married couples fall out at the falseness of women. But he takes the slightest trouble to try to live without being fed on love and burner at work. That embalms affecwatered by constant assurance of ad- tion and keeps it eternally fresh and

And it is proof against time and change for, when we think of those dearest to us in the world it is not Nor do women cherish the affection of those who are most beautiful, or

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By EDNA KENT FORRES

About Ingrowing Nails

THE CHIBOPODIST LOOKED up at me

ever wear them." "Well, you've been wearing them

lately," he asserted. "They were such a bargain," I defended myself, "seven dollars, reduced to three and a half, that's

The chiropodist grinned at this foolishly feminine retort, and reached into the cabinet for a new

instrument. "Such a bargain," he echoed, cynically, "and now you're getting an ingrowing toe nail. In two weeks more it would have been hurting you, and you couldn't have worn

your bargain shoes." I watched his treatment with interest, I knew the cure for most cases of ingrowing nails, but wanted to see how he did it. He cut the nail in what I should call & concave manner, that is, so the center part was shorter than the edges. He cut away the dead cuticle from the sides, as my manicure does to my finger nails, and then, raising the nail so gently I didn't feel it, he inserted wisps of cotton under the sides-cotton he had previously dipped in antiseptic. The rest of the nails he cut to a slight curve, making them quite short; he cut away every suggestion of a callous, to avoid a future corn, and cut off the dead pieces of skin that will grow under the toe, where it curves down and rests against the sole of the shoe. He pumiced the yellowish skin on the ball of the foot, since corns

whole foot. How good my feet felt! For ordinary care, on the once a month need not worry that you are thin. You visits I find most beneficial, his are likely growing tall and will have many charges are only half a dollar, this time it was double that, but worth milk and butter. Drink at least a quart of water each day and get enough sleep

keenly. "Thought you didn't approve of pointed toe shoes?" he thing in the cream that you used to cause the hair to grow on your face. If you send me a stamped, addressed envelope, I Questions and Answers



Ingrowing nails are painful, unnecessary and easily cured

are apt to follow the pressure upon these callous places, and then sprayed a cool antiseptic over the

years to fill out. The fattening foods take in all of the starchy ones and plenty of

FOR CIVIC MEET

HILO, July 27 .- Preparations in connection with the sixth civic con- c'clock, at Central Union Parish everything to pieces and I would sche all over and feel so sick ov that I would not secretary of the board divide up the want anyone to talk names of the members of the board o Lydia E. Pinkham's and arrange it so that each will have cussion. pound and Liver Pills re- a certain number of members to in- This Mid-Summer Council promises Grape Jelly Sauce the convention in September. As tional work are cordially there are 120 members of the board attend.-Adv.

cars should appoint committees that by a shell explosion when rescuing water and stir till boiling. Cook 9 per cent protein and only about 0.3 well otherwise. will work hard on the different propo- wounded "somewhere in France." sitions and do all in their power to make a success of the Hilo end of the sixth annual convention.

TODAY'S NEWS TODAY STAR-BULLET:N GIVES YOU

On Monday evening, July 30, 8

ed me to health and I want to thank terview and try and prevail upon to be of unusual value, and all who (To be served with steamed put value. me to health and I want to the control of the contr

> William Neale Goddard, formerly spoons of cold water. Let jelly, sugar of 1 to 3, is well adapted to make a before. Let your slogan be, therefore, formed gas. Dieting did no good. I with the sales force of the American and hot water simmer till smooth, nutritious bread. Bread made from 'Can all the food you can; dry the suc- was miserable until I tried buckthorn bout 12 members each.
>
> With the sales force of the American add the cornstarch mixed with cold white flour alone contains less than culent foods which can not be kept bark, glycerine, etc., as mixed in water and stir till boiling. Cook 9 per cent protein and only about 0.3 well otherwise.'
>
> One and the coordinate the sales force of the American add the cornstarch mixed with cold white flour alone contains less than culent foods which can not be kept dark, glycerine, etc., as mixed in water and stir till boiling. Cook 9 per cent protein and only about 0.3 well otherwise.'

A proposed ordinance drafted by Grape Jelly Tapioca Pudding Weights and Measures Commissioner Three cups of boiling water, one 1 per cent salt-free ash. Bread made in water content." Hartigan, providing for the sale of half cup of tapioca, one teaspoon of from peanut and wheat flour mixture bread by weight, was introduced in salt, one-half cup of sugar, one half- contains about 12 per cent protein and Fifty rats on a farm will cost the the New York Board of Aldermen. | glass of grape jelly. Cook the tapioca about 0.62 per cent salt-free ash. Thus owner \$100 to \$300 a year.

wives were advised by food experts tapioca is used it must be soaked in when any excess tartaric acid will that when grapes were selling at cold water for several hours, then form needle-like crystals in the botthree pounds for twenty-five cents it cooked in the boiling water till clear.) tom of the bowl, and by pouring off was efficient housekeeping to use Add the sugar, salt and jelly, stirring the juice carefully they can be disthem in the menu. This week the till jelly is dissolved. Pour into a carded. In working with grapes it is market is offering the Isabella for glass dish and chill. Serve cold with well to remember the disagreeable six cents a pound and the provident cream and sugar. Grape Sherbet husekeeper is adding them to her preserve store as well as using them One pint of grape suice, juice of table with newspapers that can be de- other islands come to the rescue, thouone lemon, one cup of sugar, one tea stroyed when the preserving is over, sands of dollars' worth of excellent liberally on her table. The Isabella grape, black and tart tasting, is much spoon of gelatine, one quart of hot does away with the need for scrub fruit will be wasted in the next few like the Concord and lends itself well

Island Grown Grapes in the Market;

Some Hints as to How to Use Them

water. Soak the gelatine in three bing. On fabrics, such as aprons, weeks." to any recipe where the Concord can be used. History has it that the Isabella grape was brought here from Madeira by a Portuguese immigrant bets. ship and, proving hardy and resistant to disease, has become the leading grape of the islands. We need not turn pacifist nor believe all "the sil-

eliminatel by reheating, in jelly, by or iron.

stains if possible. Covering the work unless the women of Henolulu and the

tablespoons of cold water and dissolve table cloths and napkins it is well in the hot water, stir in the sugar to remember that soap "sets" the by Dr. A. L. Dean, executive of the till dissolved, strain, cool and add the stain. Hence it is best to rinse in grape juice. Freeze as usual for sher clear, cold water first. If this does

not remove it, stretch the cloth con-Some complain that glass-like cry- taining the stain over a bowl and pour they want, at about 10 cents a glass, stals form in their preserved grape hot water from the tea kettle through and at the same time perform a big products after they stand for a while. it. Because of their acid content, the These are tartaric acid crystals and cooking of grapes should be done only not objectionable from a health in glass, porcelain, granite or alumstandpoint. In sauce they may be inum ware. Never cook grapes in tin

HOME-GROWN SUBSTANCES MAY BE USED WITH WHEAT FLOUR FOR BREAD

Use firm and not over ripe grapes if the juice is for jelly making: fully variety of foodstuffs which can be of these substitutes is mixed with a ripe grapes for sherbets, drinks, used to excellent advantage as part parts of white flour the resultant sauces and puddings. Stem and clean substitutes for wheat flour in making bread is about 40 to 80 per cent richthe fruit and barely cover with water; bread and biscuits. Housewives are er in protein and about 50 to 300 per cook until the fruit is soft, usually urged by specialists in the United cent richer in mineral ingredients othabout thirty minutes, strain through States department of agriculture to er than salt. a coarse sieve, then let the juice drain try some of these in their bread mak. As each person, it is calculated, conthrough a fine meshed jelly bag. This ing. Not only will they be able to sumes about three-fourths of a barrel juice may be bettled and kept for effect a saving in household expenses, of flour a year, and as the population later use or made at once into other but by reducing in the South the con- of the southern states is approximate-

food products. In bottling, observe sumption of wheat flour brought in 1y 30,000,000, it is obvious that the genthe usual methods of canning. Suc. from other sections of the country, eral use of these wheat-flour substicessful canning is perfect steriliza- they will be helping materially to tutes would result in a marked reduction, not only of the food product, but leave the railroads freer to transport tion in the total quantity of wheat of any utensil that touches it, and necessities. it must stay that way if it is to keep. Among the wheat-flour substitutes

South are:

plished, the brighter the color and the | 1. Banana, cassava, dasheen and

potato. 2. Rice and kafir.

Soy beans and peanuts. The substitutes in group 1 should the pulp from the skins by a quick and cook until tender. Sift the hot a little less rich in protein than ordinsifter (this removes the seeds) and erals and other important constituents. to each cup of this eedless pulp add Dried bananas should be used in makone-half cup of sugar, add too the ing banana flour; the dasheen and dissolved, chill and serve the same as mixed with the flour, or the dried product may be used.

Rice and kafir should be mixed with four teaspoons of baking powder, one substances in group 1-1 to 3. Bread does not add either to the appearance unsatisfactory. Practically every veg- MERCHANT'S WIFE ADVISES of the bread nor to its nutritive etable and fruit worth canning may

to as dessert.) One-half glass of grape ly rich in protein and fat. Flour pre- ture to the fresh product.

The South has at its command a it is seen that even when only 1 part a glass.

flour consumed in the South. On the basis of a total flour consumption in The lower the heat and the more recommended by specialists for the the southern states of over 22,000,000 barrels, it has been estimated that if the practise became universal the use of 25 per cent of flour substitutes grown in the South would save over 5.500,000 barrels of flour. As a matter of fact, however, the saving would pinch between thumb and finger, be mixed with good white flour in the be far greater than this, because a adding a very little water to the skins, bread is excellent in every way. Only tutes can be used in the preparation by 150 people. of biscuits than in bread. In view of pulp through the ordinary rotary flour ary bread, it is much richer in min- this fact the total saving might Longfellow's works were a feature of amount to 10,000,000 barrels of white the evening, there being sketches flour. All this flour, it must be re from Hiawatha, The Children's Hour, membered, is imported into the South Hanging of the Crane and Homekeepcooked skins, stir until the sugar is sweet potato may be boiled and then from other sections and the consumer ing Hearts are Happiest. must pay freight rates on it.

practises are followed, to have straw- members portraying the courtship of Make a cake of two cups of flour, flour in the same proportion as the berries shrink, turn more or less Miles Standish. Miss Lucy Keeff as brown, and float to the tops of the Priscilla's mother, Betty Harriman as half cup of shortening, one-half cup made from kafir is somewhat darker jars. The product is palatable, how- Priscilla, E. B. Smith as John Alden of sugar, three-fourths cup of milk. in color but richer in protein and ash ever, and will keep perfectly if the and Charles Saunders as Miles Stand-

be canned and kept in a condition

jelly, one cup of boiling water, two pared from either of them, when mix- "Canned food will be needed next could eat nothing but toast, fruit and teaspoons of cornstarch, three table ed with white flour in the proportion winter as it has never been needed hot water. Everything else soured and

slowly from five to 10 minutes and per cent of salt-free ash, while bread . "In canning, specialize on nutritious made from soy bean and wheat flour foods and concentrate to small bulk i-ka empties BOTH large and small contains about 14 per cent protein and by cooking down all vegetables high intestine it relieves ANY CASE con-

Some months ago Honolulu house | and water for 15 minutes. (If pearly allowing the juice to stand over night.)

By BRIGGS

HELLO HARRY, YES

YOUR VOICE ! I'LL NEVER

THE LAD OTTO ? THASS

BEEN FIFTEEN YEARS SINCE I SAW YOU LAST FIFTEEN YEARS NEXT

YEH I GUESS IT'S

OF COURSE, I KNOW.

FORGET 'AT VOICE !

"Several hundred tons of grapes are stain they leave and avoid making maturing on Hawaii and Maui, and

> "This is the appeal issued Saturday territorial food commission.

> "Here is the people's opportunity to obtain all the grape jam and jelly service in helping save Hawaiian food,"

The grapes can be obtained at the Territorial Marketing Division at 4 to 5 cents a pound. Dr. Dean suggests that in making them into jam and iellies, the washed, or purged sugar be used. This also is a strictly island product, cheaper than the granulated or purified sugar. Using grapes costing 4 or 5 cents a pound, and the washed sugar, the housewife can have her jelly and jam at a cost of about 20 cents less than the imported article, which ordinarily sells at 30 cents

Experiments in commercial manufacture of grape juice from the Hilo grapes were made this week by the Hawaiian Pineapple Company, but J. D. Dole, who also is chairman of the food commission, reports the result was not encouraging. It is found that the cost of manufacture would be equal to the retail price of Welch's grape juice, while the quality is not nearly comparable to that of Welch's, hence the Hawaiian product would fail as a

competitive article on the market. The only alternative method of saving the big crop, it is figured, is ingrapes they can convert into jams and

LONGFELLOW EVENING

Members of the Epworth League of the First Methodist church held a Keep the pulp and skins separate, proportion of 1 to 3. The resulting much larger proportion of flour substi-"Longfellow Evening" Friday night in

Mrs. A. W. Hansen sang The Bridge, "It is normal, if ordinary canning and a one-act play was given by four

HONOLULU WOMEN

"I had stomach trouble so bad I ed me INSTANTLY." Because Adlerstipation, sour stomach or gas and prevents appendicitis. It has QUICK EST action of anything we ever said. The Hollister Drug Co.—Adv.